

July 2019

The Sterling Sentinel

Windsor Care Center * 125 Sterling Way, Mount Sterling, KY 40353 * (859) 498-3343



Upcoming Activities

Fried Zucchini
July 2 at 2:30p

Patriotic Tribute
July 4 at 2:30p

**Library Outreach:
Pancake Party**
July 5 at 2:30p

Fried Green Tomatoes
July 9 at 2:30p

Open Art Show
July 18 & 19 (9a-5p)

Garden Feast
July 25 at 6p

Marriage Renewal Ceremony
July 30 at 10a



June Activities



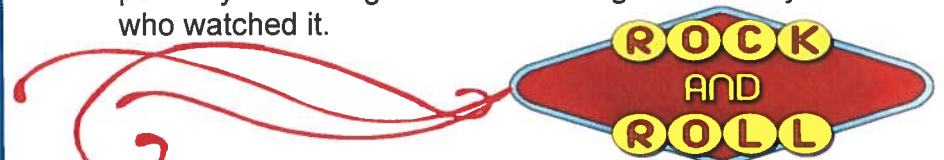
Residents enjoyed a day at the Jeffersonville Park during June. Not only was the weather beautiful, with a slightly breezy cast, it also was more than warm enough to be out and about in. All residents that showed were delighted to hear the Jeffersonville Travelers playing live to them as they ate watermelon, pineapple, and apples. Lemonade and Gatorade were on hand to keep everyone hydrated. The outing was even attended by a few residents from our sister facility – Windsor Personal Care. What an enjoyable afternoon.



During Father's Day, our men celebrated gifting their wisdom to their families in a cookout designed to thank them for all their hard work throughout the years of being a dad. It was a great turn out by families and the food was delicious.



The LLL Central Players brought a bit of fun with their live performance titled "Elvis Is In The Building" back in May. This show captured the 1950s era perfectly and brought smiles and laughter to everyone who watched it.



Resident Spotlight



Jewell Otten

Our spotlight this month was born in 1929 to Andy and Roxy Trayler. She would go home to their family farm in Owingsville, just a few miles from Prestonsburg. She grew up with one brother and two sisters. Often her and her siblings made up games to occupy their days, but occasionally they would all get together to play one of her favorites: Red Rover.

Her father worked hard to support their family on a farm, while her mother stayed home and tended to her children and the house.

As she grew older, she worked on the farm without any pay whatsoever, did laundry, and also worked at a restaurant. She did like to keep busy. One day, as she was working tables at the restaurant, she met a young man named Carl.

The two started hanging together and he even took her out to the drive in to watch all the latest movies.

The young couple got married at their preacher's house. Incidentally, they have been married 71 years on July 30 and plan on renewing their vows in front of anyone who would like to attend in the Activity Room at 10am that date.

The couple had one son named Carl Wayne, whom she loved to spend time with. Even with a family though, Jewell kept herself busy at the gun shop with her husband, taking care of her son, keeping house, and working at the church.

The family would make time to take vacations to the Beach and also headed to Tennessee to do a few things there to keep them entertained. In between vacations, they would often head to Cave Run for a bit of fun.

The family had a dog they loved that looked just like the iconic star Lassie.

Her favorite color is PINK and she loves listening to gospel music. Her dream vacation would be to visit the Grand Canyon with her husband. If you have time, we encourage you to sit and talk to this precious hidden gem!



RESIDENTS:

- James Church – 3rd
- Margaret Mayo – 8th
- Sonny Henderson – 9th
- Ada Martin – 12th
- Jewell Otten – 12th
- Leona Puckett – 18th
- Robert McNabb – 20th
- Marjorie Hesselbrock – 21st
- Brenda Wyatt – 27th

EMPLOYEES:

- Canderlaria Barrett – 6th
- Teena Barton – 7th
- Carnelle Norris – 8th
- Kala Peck – 9th
- Clemmie Vice – 10th
- Crystal Langford – 12th
- April Parks – 15th
- Amanda Purvis – 15th
- Sheila Taylor – 16th
- Breanna Bowman – 20th
- Lynzy George – 23rd
- Donna Taylor – 23rd
- Kimberly Fraley – 24th
- Christine Scott – 26th
- Lucille Romine – 26th



How Tweet It Is

July 15, 2006, marks the day that people had to rethink their idea of the word *tweet*, as Twitter became part of the social media world. On that first day, a total of 265 tweets were sent. Today, there are 6,000 tweets sent every second.



What is a tweet? It is truly nothing more than a message. Twitter's co-founder Jack Dorsey conceived of a text messaging service that allows users to send messages to a specific group of people.

These messages, or tweets, were intended to be short—only 140 characters long. This length limit existed for 11 years, until 2017 when the character limit was doubled to 280 characters. Dorsey thought the name *Twitter* was perfect for his idea. The dictionary definition of *twitter* is “a short burst of inconsequential babble,” much like the short chirps of birds. Indeed, an analysis of tweets has shown that 40% of all messages qualify as “pointless babble.” So why, then, is the service so popular? Some psychologists think they have the answer.

Our love of Twitter is rooted in a very real social craving for community. If the Industrial Revolution fractured the extended family, then the internet revolution obliterated community. As we sit in front of our screens, we interact less and less with those closest to us, be it in our homes, neighborhoods, workplaces, or communities. According to Maslow's hierarchy of needs, a psychological theory about human motivation, all humans crave belonging and self-esteem. Twitter certainly offers a mode of social interaction with peers, and it also allows people to feel like celebrities, boosting self-esteem. Of course, like so many modern technologies, Twitter is a double-edged sword. Isn't the craving of attention via Twitter evidence of a lack of self-esteem? Does a never-ending desire for popularity and celebrity reveal an underlying narcissism? Is the Twitter community “real” if interactions occur over the internet, and not in person? Alas, the answers to these questions may be unanswerable in 280 characters or less.

Employee Of The Month

We would like to congratulate Sheila Franklin, a SRNA on being our employee of the month. Her dedication and willingness to tirelessly complete her job in a professional manner with a smile on her face is why this prestigious title was awarded to her.



A Healthy Harvest



With a generous donation of plants from the Montgomery County Greenhouse, our residents planted several different types of plants in our vegetable garden...now...a mere month later, those same plants are producing some of the biggest zucchinis. To celebrate our bountiful harvest, residents made some fried zucchini and even had enough produce to make zucchini bread the next day. So proud of our residents efforts!



Windsor Care Center
125 Sterling Way
Mount Sterling, KY 40353

Postage
Information

But Is It Art?



On July 9, 1962, artist Andy Warhol unveiled his exhibit of 32 Campbell's soup cans at the Ferus Gallery in Los Angeles, California. Each painting depicted a different flavor of the ubiquitous soup. This was Warhol's first solo exhibition of pop art, but the question remained: was it art? Warhol had often used familiar images from American consumer culture as his subject. His soup cans, unlike the mass-produced soup produced at the Campbell's factory, were individually painted to look exactly alike, albeit with mechanical precision. The only difference between each canvas was the flavor of the soup. What drew Warhol to Campbell's? He spoke about how often he used to eat it; he had the same Campbell's soup for lunch for 20 years. The exhibit caused a mild stir, more due to the novelty of the subject matter than the art itself. Yet over the years, Andy Warhol and Campbell's Soup have become strange bedfellows, more famous together than alone.

Staff Anniversaries

Effie McLoney – 2 years
Angelica Kirby – 1 year
Jennifer Davis – 1 year
Lauren Snedegar – 1 year
Karen Shields – 3 years
Gretchen Ramey – 3 years
Inez Napier – 12 years
Robin Overstreet – 23 years
Kathy Back – 10 years
Tonya Brockman – 6 years
Lisa Hall – 21 years
Christine Scott – 2 years
Sheila Fawns – 1 year

