# WINDSOR CARE CENTER MENU

Week 1

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Hot or Cold Ceral<br>Fried Eggs<br>Biscuit & Gravy<br>Margarine<br>Juice of Choice<br>2% Milk<br>Coffee/ Tea | Hot or Cold Cereal<br>Scrambled Eggs<br>Bacon<br>Muffins<br>Margarine<br>2% Milk<br>Coffee/ Tea<br>Choice of Juice | Hot or Cold Cereal<br>Omelet<br>Toast<br>Sausage<br>Margarine / Jelly<br>Juice of Choice<br>2% Milk<br>Coffee/ Tea | Hot or Cold Cereal<br>Scrambled Eggs<br>Sausage Patty<br>Toast<br>Margarine/ Jelly<br>Juice of Choice<br>2% Milk<br>Coffee/ Tea | Hot or Cold Cereal<br>Fried Eggs<br>Sausage Patty<br>Biscuit<br>Choice of Juice<br>2% Milk<br>Coffee/ Tea<br>Margarine/ Jelly | Hot or Cold Cereal<br>Scrambled Eggs<br>Sausage Patty<br>Toast<br>Margarine<br>Juice of Choice<br>2% Milk<br>Coffee/ Tea | Hot or Cold Cereal<br>Cinnamon Rolls<br>Sausage<br>Fried Eggs<br>Margarine/ Jelly<br>Juice of Choice<br>2% Milk<br>Coffee/ Tea |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |
| Lemon Pepper Chicken Bre<br>Baby Carrots<br>Mashed Potatoes<br>Roll<br>Pears<br>Margarine<br>Coffee/ Tea | Baked Glazed Ham<br>Sweet Potatoes<br>Greenbeans<br>Dinner Roll<br>Applesauce<br>Coffee/Tea<br>Milk | Meatloaf<br>Creamed Peas<br>Mashed Potatoes<br>Roll<br>Rasberry Cake<br>Coffee/ Tea<br>2% Milk | Fried Chicken<br>Mashed Potatoes<br>Corn Pudding<br>Roll<br>Fruit Cocktail<br>Margarine<br>Coffee/ Tea<br>2% Milk | Baked Ziti Pasta<br>Tosssed Salad<br>Garlic Toast<br>Sherbet<br>Coffee/ Tea<br>Milk | Baked Fish<br>Fries<br>Cole slaw<br>Hushpuppies<br>Pears<br>Margarine<br>Coffee/ Tea<br>2% Milk | Hamburger<br>Fries<br>lettuc/Tomato<br>carrot cake<br>Coffee/Tea<br>Milk |
| DINNER | DINNER | DINNER | DINNER | DINNER | DINNER | DINNER |
| Shepards Pie<br>Roll<br>Ice Cream<br>Coffee/tea<br>milk | Chicken Tenders<br>Scalloped Potatoes<br>Baked Tomatoes<br>Rolls<br>Jello<br>Coffee/Tea<br>Milk | Hot Dog<br>Potato Salad<br>Baked Beans<br>peaches<br>Ketchup/ Mustard<br>Coffee/ Tea<br>2% Milk | BBQ Pulled Pork Sandwich<br>Corn on the Cob<br>Potato Wedges<br>Carmel Glazed Brownie<br>Coffee/ Tea<br>2% Milk | Chef Salad<br>Cream of Potato Soup<br>Saltines<br>Chocolate Pie<br>2% Milk<br>Coffee/Tea | Sausage Patty<br>Hashbrowns<br>Breakfast Gravy<br>Baked Apples<br>biscuits<br>Coffee/ Tea<br>milk | Vegetable Beef Soup<br>Tossed Salad<br>Cornbread<br>Peach Cobbler<br>Coffee/Tea<br>Milk |
| EVENING SNACK | EVENING SNACK | EVENING SNACK | EVENING SNACK | EVENING SNACK | EVENING SNACK | EVENING SNACK |
| Assorted Snacks<br>Assorted Beverages | Assorted Snacks<br>Assorted Beverages | Assorted Snacks<br>Assorted Beverages | Assorted Snacks<br>Assorted Beverages | Assorted Snacks<br>Assorted Beverages | Assorted Snacks<br>Assorted Beverages | Assorted Snacks<br>Assorted Beverages |